

A CHILD'S
THOUGHTS
ON THE
"DEFINING
BEAUTY"
PROGRAM

Girls are different.
Girls are strong.
Girls are able to do
anything they set
there own mind to.
Nobody can take
away our pride, our
hope, and our love.

Written during the
Defining Beauty
Program by 9-year-old
Mackenzie, daughter
of UNLV Case
Manager Perris Kent.

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Director's Message

"Collaboration means to labor together, to join in mutual endeavor and common purpose."

Deeper Learning in Leadership, 2007

The recent "Defining Beauty" conference at UNLV reflected not only an imperative dialogue but also a collaboration of endeavor and purpose. It was a first for me to work with a national company such as Dove as well as a sister campus department, Women's Research Institute of Nevada; a UNLV graduate program, Health Promotions; and a private affiliation, the Woodhull Institute for Ethical Leadership. A confluence of various strengths, insights, and messages came together as we implemented this wonderful program. Over 350 attendees gathered on a Saturday morning as we embarked on a day-long event discussing the influences that shape our idea of beauty.

We learned many lessons from this event, but most prominent in my mind is this sense of collaboration and what it really means. Often mistakenly termed as partnerships, sponsorships or accommodation, true collaboration depends on establishing meaningful, reciprocal, and responsive relationships (Magolda, 2005). The Jean Nidetch Women's Center's relationships are reflected in a variety of ways with our community, our students, and our colleagues:

- We attend to the side of *healthy relationships* through our work on sexual violence prevention, self defense, and peer violence prevention.
- We address personal financial responsibility through academic scholarships, which are steadily growing in response to our *relationships with community donors*.
- We advocate for personal proactive lifestyles, particularly targeting breast cancer prevention as a result of our *relationship with the Susan G. Komen for the Cure of Southern Nevada*.
- We provide community service initiatives such as Adopt a Family, DJ's for PJ's, cell phone drive, and voter initiative because of our *relationships with fellow agencies and organizations*.

Our mutual endeavors gather a strong, clear voice in so many ways. For me, it is the quality of relationship-building that has resonated as we grow. And, like a long-time friend, the relationship becomes more deeply valued over time.

With a grateful heart,



Liz Baldizan, Director

Magolda, P.M. (2005). Proceed with caution: Uncommon wisdom about academic and student affairs partnerships (pp. 16-21) *About Campus*, 9(6).

Roberts, D.C. (2007). *Deeper learning in leadership: Helping college students find the potential within* (p. 34). San Francisco: Jossey-Bass.



Join the JNWC for a
Think Pink! Event!
Lady Rebels vs. BYU
Saturday,
February 16th
7 p.m.
Thomas & Mack
\$1 to enter
Goody bags for first
200 attendees.



Safety Corner

With the spring semester upon us, it is important to remember that the sun is still setting early, and many of us are getting out of class and leaving campus at night time. While getting back into the swing of things, it is important to incorporate some helpful safety tips into our daily routines.

- When possible, avoid walking alone.
- Know basic self defense.
- Try to stay in well-lighted areas and avoid short cuts through deserted places.
- At night, always try to use the elevator instead of the stairs.

If you would like more tips about staying safe on campus, please stop by the Jean Nidetch Women's Center in SSC 255 for a free safety whistle and key chain with helpful numbers.

Komen Corner

By Ashlyn Gray,
Komen Grant
Coordinator

Greetings from The Komen Corner! Since November we have been working extremely hard on the grant proposal for Susan G. Komen for the Cure. The Jean Nidetch Women's Center has been awarded this grant three times before, and we are keeping our fingers crossed that this is our year again. The grant will be awarded at the end of February, so I will keep you updated.

For this spring semester, you will see our new pink golf cart rolling around campus. We will be handing out breast cancer information and also promoting early detection. You will also be able to request the "Cause Cart" at any of your events to promote awareness and breast health education. To request the cart at your next event, please call 895-0604 or email me at ashlyn.gray@unlv.edu

The Nevada Mammovan will be here on campus August 4 & 5 and October 28 & 29. To make an appointment, call 1-877-581-6266.

Welcoming Christina!

By Brianne Heinle,
Administrative
Assistant II

The Jean Nidetch Women's Center welcomes our new Outreach and Awareness Coordinator, Christina Hernandez. Christina is a native of Las Vegas, and 2005 alum of UNLV with a Bachelor of Science in Psychology. While working on her bachelor's degree, Christina served on a research team that studied children suffering from Post Traumatic Stress Disorder due to sexual abuse. In 2003 Christina joined the Rape Crisis Center (RCC) as a volunteer. After two years as a volunteer at the RCC, Christina went on to hold numerous positions including bilingual advocate, Director of Education and Outreach, and her most recent position, Director of Child Assault Prevention. While at the RCC, Christina helped to create numerous curriculum programs which allowed her to present at conferences on the national and local level.

With Christina's busy schedule, she still finds time to play an active role in our community. For the past two years, Christina has been involved with the National Organization for Women (NOW), most recently serving as Vice President for Nevada NOW. Currently Christina sits on the board for the Nevada Coalition Against Sexual Violence and is a member of the Human Rights Campaign's (HRC) branch of the Women's Empowerment Network.

With Christina's background in outreach and sexual assault prevention, the Jean Nidetch Women's Center is excited to have her as a member of our staff. We cannot wait to see how Christina uses her skills and expertise in the UNLV community.

Re-Entry Services Hits the Road

By Charlotte McLeod,
GA for Re-Entry
Services

Beginning this spring, the Re-Entry Services team will visit all three main College of Southern Nevada (CSN) campuses in a series of interactive workshops for those considering transferring to UNLV. Through these workshops, our goal is to provide clear and concise information regarding the UNLV admissions process, financial aid matters, tutoring services, advising, and counseling and health care services to name a few. We are "hitting the road" armed with some great information and a friendly face, bringing Re-Entry Services to the CSN student body in the hopes it will make the transition to UNLV a little less stressful. For more information, contact Charlotte McLeod at charlotte.mcleod@unlv.edu or (702) 895-0605.

By Juawana Grant,
Rape Prevention
Educator

Guerrilla Girls On Tour Make It to Vegas

Guerrilla Girls On Tour (GGOT) have seen the world, and in February they will see the world copied by casinos and crammed on the strip. Brought to the UNLV campus by the Jean Nidetch Women's Center and the Nevada Coalition Against Sexual Violence, GGOT will teach the secrets of activism during a workshop entitled "From Attitude to Activism" on Wednesday, February 13th, at 5 p.m. in the Student Union Room 208. The next day, on Thursday, February 14th at 7 p.m. in the Student Union Theatre, they will raise awareness about sexual violence through humor during a play entitled "Silence is Violence".

Guerrilla Girls have made history as anonymous feminist activists who advocate on behalf of women and people of color in the arts. Their "guerrilla activism" includes visual campaigns (such as sticking the bathrooms of a theatre which solely produced plays by white males) and producing their own plays that dramatize women's history in the arts and the current state of sexism and racism in the art world. They always perform wearing masks and under the names of a deceased female artists.

So if you want to learn how to create your own guerrilla activism campaign and see these famous feminists in action please join us in the Student Union for a Valentine's Day that you are sure to never forget. If you have questions about the Guerrilla Girls On Tour, contact Juawana Grant at 895-0759 or juawana.grant@unlv.edu

Scholarship Updates

It's an exciting time to work with scholarships at the JNWC. In December, the Bernard Osher Foundation awarded UNLV a \$1 million endowment that will fund the Bernard Osher Reentry Scholarships in perpetuity. These scholarships, administered through the JNWC, provide tuition assistance to students returning to school following a break in their schooling.

Additionally, in January 2008, we awarded eight students with scholarships. Much thanks goes to our scholarship committee members for all their hard work in evaluating candidate essays. Remember, the deadline for Fall 2008 awards is April 11! If you have any questions, contact Laura Zemp at 895-0343 or email her at laura.zemp@unlv.edu

By Laura Zemp,
Scholarship Coordinator

Bernard Osher Reentry Scholars

Linda Avendano
Christina Martin-Tso
Trisha Leonard
Zhe Liu

Friendship Re-entry Scholars

Kathleen Bell
Bradley Davey
Elizabeth Gioia-Acres
Barbara Moffitt

Committee Members

Amanda Cox, Anne Hein,
Annette Linders, Pam Hicks,
Amanda Owens, Tiffany Schmier

Christmas Spirit from UNLV to the Community

By Ashlyn Gray, Komen
Grant Coordinator

In December, the Jean Nidetch Women's Center helped to organize the 2nd Annual Adopt-a-Family for S.A.F.E. House. S.A.F.E. House is a nonprofit agency that provides services to victims of domestic violence and their children. Services include housing, a crisis hotline, counseling for victims, and community outreach/education for Southern Nevada. Last year we were able to grant wishes for 12 families. This year, thanks to the support and generosity of the UNLV community we were able to reach out to an incredible 40 families!

THANKS TO OUR DONORS!

University College, Alpha Delta Pi Sorority, Women's Basketball Team, Amanda Brandt, Krystyna Stave, Jessica Webb, Communication Studies Department, Institutional Analysis and Planning, CAEO and Gear Up, Patty Iannuzzi, Barbara DiPaolo, Katrina Switalski, Janelle Miller, Student Health Center, Marti Ash, Elizabeth Nelson, Jim Sanguinetti, Helen Gerth, SIA Department, Southern Nevada Health District, National PanHellenic Council, Joey Pucci, Kyra Thibodeau, Chris Viton, Owen Hambrook, Mary Pluff, Jesse Zurschmeide, Jean Nidetch Women's Center, Provost Office, Dr. Sal Biazzo, Vanessa Nagata, Scheduling Office, and Madelyn Montgomery.

You truly made a difference in so many people's lives this holiday

Jean Nidetch Women's Center

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Everyone's Welcome!

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UPCOMING EVENTS

◇ February and March ◇ March—Women's History Month

- ◇ February 13: Guerrilla Girls on Tour Workshop
- ◇ February 14: Guerrilla Girls on Tour—"Silence is Violence"
- ◇ February 16: Think Pink! Lady Rebs vs. BYU
- ◇ March: "100 Years of Influence" Women's History Exhibit in Lied Library

JNWC Staff Here to Serve You

Director, Liz Baldizan Elizabeth.Baldizan@unlv.edu Interests include family time, golf, writing, & a great cup of coffee	895-2620	Komen Grant Coordinator, Ashlyn Gray Ashlyn.Gray@unlv.edu Interests include making a difference and knitting	895-0604
Outreach Coordinator, Christina Hernandez Christina.Hernandez@unlv.edu Interests include victim advocacy and LGBT & womyn's rights	895-0689	Rape Prevention Educator, Juawana Grant Juawana.Grant@unlv.edu Interests include social activism, justice, and universal love	895-0759
Administrative Assistant, Brianne Heinle Brianne.Heinle@unlv.edu Interests include animal rights and "green" living	895-4475	GA for Re-Entry Services, Charlotte McLeod Charlotte.McLeod@unlv.edu Interests include student parents and educational outreach	895-0605
Scholarship Coordinator, Laura Zemp Laura.Zemp@unlv.edu Interests include epistemic beliefs, assessment, and literature	895-0343	Counseling Intern, Tristan Beymer Tristan.Beymer@unlv.edu Interests include "green" living, outdoor activities, and ice cream	895-0603